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Loyola Medical Center
(708) 216-4746

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(630) 778-2020

Naperville - South
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(847) 699-8580

Northbrook
(847) 564-2020

Rush-Pres Med Ctr. Prof. Bldg.
(312) 733-7566

Northwestern Memorial Hospital
(312) 695-2737

Eye Exams

Exclusive Designer Frames

Contact Lenses

Laser Vision Correction

**PRK SURGERY
POST-SURGICAL INSTRUCTIONS**



(Ketorolac 0.4%)

1. Pred Forte (white top) (Please shake prior to using.)
 - Apply 1 drop 2 times a day (breakfast and bedtime) until drops are gone or Dr. Rosin instructs you to stop.
2. Zymaxid (beige top)
 - Apply 1 drop 4 times a day for 2 days, then 1 drop 2 times a day until bandage lens is removed.
3. Acular LS (gray top)
 - Apply 1 drop 4 times a day (breakfast, lunch, dinner, and bedtime) as needed for pain.
 - Wait at least 5 minutes between applying Pred Forte, Acular LS and Zymaxid so that your eyes can get the full effect of each medicine.
 - Lubricate eyes 6 times a day or more for 2 weeks.
 - DO NOT RUB YOUR EYES – Use the eye protectors when you sleep for the first seven days after your surgery.
 - You can shower in the morning, but be very careful not to get any water in your eyes.
 - Your eyes may be sensitive to light. Wear sunglasses to lessen any light sensitivity and to help keep dirt or dust out of your eyes.
 - Do not swim or engage in any aquatic activities for 2 weeks.
 - Do not use make-up around your eyes for one week.
 - It is best to avoid places with cigarette smoke for one week following surgery.
 - No vigorous exercise (no health clubs) for one week.

It is normal for your eyes to feel itchy and dry, or like something is in them. Your eyes may also start to tear excessively. This can be very intense, but will subside within 3-4 hours after surgery. Try to relax or take a nap when you get home in an effort to ease this discomfort. If discomfort worsens after 3-4 hours, please call our office.

**If you have any questions please contact our
Laser Vision Coordinator, Jessica Jacobson at
(630) 546-8313
Emergency Contact Number:
(708) 876-8601**