

Headquarters
6233 West Cermak Road
Berwyn, Illinois 60402
(708) 795-1357
Fax: (708) 749-2069

Aurora
(630) 892-6610

Berwyn
(708) 749-2020

Chicago
(312) 787-2020

Downers Grove
(630) 971-2020

Glen Ellyn
(630) 545-2020

Loyola Medical Center
(708) 216-4746

Naperville - North
(630) 778-2020

Naperville - South
(630) 388-0606

Niles
(847) 699-8580

Northbrook
(847) 564-2020

Rush-Pres Med Ctr. Prof. Bldg.
(312) 733-7566

Northwestern Memorial Hospital
(312) 695-2737

Eye Exams

Exclusive Designer Frames

Contact Lenses

Laser Vision Correction

PRK SURGERY POST-SURGICAL INSTRUCTIONS



1. Pred Forte (white top)
 - Apply drops 2 times a day (breakfast and bedtime) until drops are gone or Dr. Rosin instructs you to stop.
2. Zymar (beige top)
 - Apply drops 4 times a day (breakfast, lunch, dinner, and bedtime) until drops are gone or Dr. Rosin instructs you to stop.
3. Acular LS (gray top)
 - Apply drops 4 times a day (breakfast, lunch, dinner, and bedtime) until drops are gone or Dr. Rosin instructs you to stop.
 - Wait at least 5 minutes between applying Pred Forte, Zymar and Acular LS so that your eyes can get the full effect of each medicine.
 - Use the Refresh drops as much as needed to prevent dryness (4 times a day).
 - **DO NOT RUB YOUR EYES** – Use the eye protectors when you sleep for the first seven days after your surgery.
 - You can shower in the morning, but be very careful not to get any water in your eyes.
 - Your eyes may be sensitive to light. Wear sunglasses to lessen any light sensitivity and to help keep dirt or dust out of your eyes.
 - Do not swim or engage in any aquatic activities until instructed.
 - Do not use make-up around your eyes for the first seven days after surgery.
 - It is best to avoid places with cigarette smoke for at least seven days following surgery.

It is normal for your eyes to feel itchy and dry, or like something is in them. Your eyes may also start to tear excessively. This can be very intense, but will subside within 3-4 hours after surgery. Try to relax or take a nap when you get home in an effort to ease this discomfort. If discomfort worsens after 3-4 hours, please call our office.

**If you have any questions please contact our
Laser Vision Coordinator, Jessica Jacobson at
847-504-0191 x319**

When the Decision is Vision